

IN-ROOM DINING

Our appetizing room service menu options include antioxidant-rich SuperFoodsRx® dishes, which pair certain whole foods to boost their benefits and their flavors.

Tempt your palate and always eat well at Westin.

SUPERFOODS



APPLES

Bursting with antioxidants, including polyphenols, flavonoids and vitamin C

AVOCADO

High in fiber, folate, potassium, vitamin E and magnesium

BEANS

Low-fat source of protein, fiber, B vitamins, iron, folate and magnesium

BLUEBERRIES

Packed with exceptionally high levels of antioxidant phytonutrients

BROCCOLI

Generous amounts of fiber, vitamins B6, C and E and a healthy portion of vitamin K

CINNAMON

One of the oldest known spices, long used in traditional medicine

DARK CHOCOLATE

Provides antioxidant flavonols

DRIED SUPER FRUITS

Concentrated source of health-promoting nutrients

EXTRA VIRGIN OLIVE OIL

Great source of vitamin E

GARLIC

Nutrient rich, including vitamins B6 and C, phosphorous, zinc and selenium

HONEY

Antioxidant activity stems from peptides, organic acids and enzymes

KIWI

Offers vitamin C, folate, potassium and fiber and is a low-calorie source of vitamin E

LOW-FAT YOGURT

Includes live active cultures, protein, calcium and B vitamins

OATS

Low in calories, high in fiber, protein, magnesium, potassium, zinc and copper

ONIONS

Rich dietary source of flavonoids and phytonutrients

POMEGRANATES

Abundant in potassium, vitamin C, polyphenols and vitamin B6

PUMPKIN

Low in calories and extremely high in fiber, vitamins C and E and carotenoids

SPINACH

Contains iron, antioxidants, vitamin K, coenzyme Q10 and omega-3 fatty acids

TEA

Brimming with antioxidants and important vitamins and minerals

TOMATOES

Supply fiber and are a rich source of the antioxidant lycopene

TURKEY

One of the leanest meat protein sources, also contains vitamins B6 and B12 and zinc

SOY

Great source of vitamins, minerals, plant protein and soluble fiber

WALNUTS

Provide fiber, protein, B vitamins, magnesium and antioxidant vitamin E

WILD SALMON

High in protein, and one of the richest sources of omega-3 fatty acids

BREAKFAST

Available from 6:00 a.m. to 11:30 a.m.*


Touch Service Express®

WESTIN FRESH BY THE JUICERY

Westin Fresh by The Juicery offers a menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery.


BEETROOT, ACAI, POMEGRANATE, SPINACH
AND COCONUT WATER JUICE  7.50

CARROT, ORANGE, GINGER, TURMERIC AND
MANGO JUICE  7.50

RASPBERRIES, STRAWBERRIES, MINT, ROSEWATER,
DATES AND ALMOND MILK SMOOTHIE  9

KALE, SPINACH, BANANA, MANGO AND
CINNAMON SMOOTHIE  9


INVIGORATE


MARKET PICKED FRUITS AND BERRIES  
A bountiful selection of the season's best 15.50

CRUNCHY OATMEAL
& ALMOND MAPLE GRANOLA 
With dehydrated fruits and choice of milk 15.50

STEEL CUT CINNAMON-SCENTED OATMEAL 
Green apples, walnuts and honey drizzle 13

ASSORTED DRY CEREALS
Choose from a variety including gluten free 13

ORGANIC PASTEL EGG WHITE
AND ALL-NATURAL TURKEY OMELET 
Laced with arugula and low-fat cheddar. Served with
tomato and avocado salad 19

BERRY, APPLE AND GRANOLA MUESLI 
Low-fat vanilla yogurt, banana, walnuts and
pomegranate essence 15

EGG WHITE, QUINOA & SPINACH FRITTATA  
Kale and roasted peppers 18.50


A 22% service charge (plus taxes) and a \$3 delivery charge will be added to your bill. The service charge includes a 16% gratuity for staff.

* Extended breakfast available Saturdays and Sundays until 3:00 p.m.

Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness.

 SuperFoodsRx™ dishes specifically pair whole foods to boost their nutritional benefits and their flavors.

Antioxidant-rich and naturally low in calories, superfoods are known to improve well-being and longevity.

 We pride ourselves in providing gluten friendly menu choices. While we endeavor to carefully prepare those meals to accommodate a gluten-free diet, please be aware that they may be prepared in an environment where gluten is present. Please consult your physician as to your personal health decisions.

All prices in U.S. dollars.

BREAKFAST

Available from 6:00 a.m. to 11:30 a.m.*

Touch Service Express®

INDULGE

GLUTEN-FREE FRENCH TOAST

Served with maple caramelized apples and cranberries 18.50

GRILLED HAM AND EGGS*

Organic eggs done your way, crispy hash browns, choice of grilled ham, bacon or sausage and toast or English muffin 18

BANANA BLUEBERRY PANCAKES

Ricotta, cornmeal and orange maple syrup 18.50

POACHED ORGANIC EGGS

OVER GRILLED CHICKEN HASH

Mini tomato and arugula salad 15.50

OPTIONS

BOWL OF FIELD GROWN BERRIES

A bright mix of the season's best 10

LOW-FAT YOGURT

Choice of fruit, berry or plain 8

SMOKED BACON, BREAKFAST SAUSAGE LINKS

OR GRILLED HAM 7.50

CRISPY HASH BROWN POTATOES 7

THE BAKERY BASKET

A buttery croissant, daily muffin, your choice of English muffin, sourdough, multi-grain, rye or white toast with butter, honey and preserves 9

FRESHLY BAKED BAGEL

Philadelphia® cream cheese 8


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ALL DAY BEVERAGES

Available from 6:00 a.m. to 11:30 p.m.*

Touch Service Express®

BEVERAGES

JUICE *gf*

Orange , grapefruit, apple, cranberry
or tomato  7

STARBUCKS® COFFEE *gf*

Freshly-brewed regular or decaffeinated

Small 7 Large 13

Cappuccino or latte 7.50

Espresso 6

Iced Coffee 6

ASSORTED TAZO® TEAS *gf* 7

MILK *gf*

Regular, 2%, non-fat, chocolate or soy  6.50

BOTTLED WATER

Fiji (500 ml) 3.50

Fiji (1 L) 5.50

San Pellegrino (500 ml) 5.50

Perrier 3.50

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WESTIN WEEKEND BREAKFAST MENU

Weekends last longer at Westin hotels, with extended breakfast hours.
Whether you sleep in and slow down, or jump-start your day with a
WestinWORKOUT®, you can dine at your own pace.*

For a better you.™

BEETROOT, ACAL, POMEGRANATE, SPINACH
AND COCONUT WATER JUICE  7.50

DELUXE CONTINENTAL
Assorted pastries, toast or bagel, bowl of fresh fruit and
berries. Your choice of juice and a beverage 18.50


EGG WHITE AND YOUNG SPINACH OMELET  
Folded with sautéed onions and low-fat cheddar cheese,
mini tomato and arugula salad 18.50

GLUTEN-FREE FRENCH TOAST 
Served with maple caramelized apples
and cranberries 18.50

LOW-FAT YOGURT  
Choice of fruit, berry or plain 8

GRILLED HAM AND EGGS
Organic eggs done your way, crispy hash browns,
choice of grilled ham, bacon or sausage,
toast or English muffin 18

MARKET FRESH FRUITS AND BERRIES  
A bountiful selection of the season's best 15.50

BERRY, APPLE AND GRANOLA MUESLI 
Low-fat vanilla yogurt, banana, walnuts and
pomegranate essence 15


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ALL DAY DINING

Available from 11:30 a.m. to 11:30 p.m.

Touch Service Express®


STARTERS

PAN-FLASHED COASTAL CRAB CAKES
Blue crabmeat, spicy orange chili sauce,
sautéed spinach 17.50

CRISPY FIRECRACKER CALAMARI
Kalamata olive and roasted garlic dip 15.50

FLAME-GRILLED BARRAMUNDI SEA BASS TACOS
Quemada roasted tomato salsa, cabbage,
lime and cilantro 17.50

CHILI GLAZED PORK SHORT RIBS
Corn and avocado relish, chipotle aioli 16


PICKLED RED BEETS,
PEAR & FARMERS CHEESE  *gf*
Tiny green beans, toasted almonds, champagne
vinaigrette 12

SPINACH, FRISEE & QUINOA SALAD  *gf*
Crumbled goat cheese and lemon vinaigrette 12


DAILY MARKET SOUP 10.50

RUSTIC TOMATO SOUP 
Basil and low-fat Greek yogurt 9

SALADS

MICRO CHOPPED GRILLED CHICKEN SALAD  *gf*
Romaine, kale, broccoli, beets, avocado, bacon,
cheddar, egg, tomato, cucumber, Italian vinaigrette 22

HEARTS OF ROMAINE CAESAR SALAD
Shaved Parmesan, crunchy focaccia croutons 14.50
With freshly grilled shrimp or chicken 22.50

GRILLED NAPA CABBAGE  *gf*
Soft poached egg, oyster mushrooms 20


SIDES

STIR-FRIED VEGETABLES WITH
BROWN RICE  *gf* 7.50

SEA-SALTED FRENCH FRIES 7.50

CHAR-ROASTED BRUSSELS SPROUTS *gf* 7.50

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FAVORITE PLATES

STEAK FRITES*

Grilled tender aged top sirloin steak, served with lemon garlic butter and sea-salted French fries 33.50

PAN SEARED SALMON ON SUCCOTASH *gf*

Scallion parsley gremolata 34

PAN SEARED RAINBOW TROUT *gf*

Sautéed shrimp, grapefruit, tomatoes, fingerling potatoes, spinach 28.50

ASIAN BRAISED CHICKEN THIGHS

On sticky rice with jalapeno aioli 25

BROWN RICE, BUTTERNUT SQUASH

& MUSHROOM RISOTTO *gf*

Kale, plum tomato, Parmesan cheese 24

CITRUS GRILLED CHICKEN BREAST *gf*

Artichoke hearts, shiitake mushrooms, cured tomatoes, market vegetables 30

CHEF'S INSPIRATION

Our daily offering inspired by regionally farmed or seasonally harvested products, priced daily

SANDWICHES

FLAME-GRILLED BACON BURGER*

Ground chuck with cheddar or Swiss, onion, tomato and lettuce, choice of sea-salted French fries or arugula salad 21

GRILLED PORTOBELLO MUSHROOM

CHIMICHURRI SANDWICH

Caramelized onions and poblano, choice of sea-salted French fries or arugula salad 19.50

ROASTED CHICKEN PANINI

Onion-tomato jam, white cheddar, arugula and rosemary aioli, choice of sea-salted French fries or arugula salad 20

CHIPOTLE CHICKEN TACOS *gf*

Soft corn tortilla, shredded lettuce, pepper jack cheese, roasted pepper, chipotle aioli, salsa and guacamole, choice of sea-salted French fries or arugula salad 19.50

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ALL DAY DINING

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Touch Service Express®

DESSERTS

WARM DOUBLE-CHOCOLATE BROWNIE

Pecans, chocolate sauce, vanilla ice cream 11.50

ORANGE SCENTED

CHOCOLATE POT DE CRÈME 11.50

GINGER SPICED GREEK YOGURT CHEESECAKE 

Honey almond granola 11.50

RUSTIC BAKED APPLE TART

Served warm with caramel sauce and vanilla
ice cream 11.50

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THE WESTIN® EAT WELL MENU FOR KIDS

Discover kids' meals that are as delicious as they are nutritious with the Westin Eat Well Menu for Kids, developed with SuperChefs™ to make kids and parents happy.

Touch Service Express®

BREAKFAST

Available from 6:00 a.m. to 11:30 a.m.

BLUEBERRY & BANANA PANCAKE LOLLIPOPS

Banana and blueberries cooked into pancake and served with low-fat yogurt, fruit salad and syrup 9

BABY SPINACH & CHEESE OMELETTE

Served with fruit salad 9

PEANUT BUTTER AND BANANA SANDWICH

Served on whole wheat bread with seasonal fruit 8.50

LUNCH OR DINNER

Available from 11:30 a.m. to 11:30 p.m.

CHICKEN COBB SALAD

Mixed greens, chicken, egg, cheese, avocado and cherry tomatoes with low-fat dressing 9

CHICKEN QUESADILLA

Served with with black beans, rice and pico de gallo 9

PITA CHIPS & CRISP VEGETABLES

Served with hummus and low-fat yogurt dip 6.50

CHICKEN FINGERS

Baked chicken with corn-flake breading served with carrots, celery sticks and low-fat ranch sauce 10

TURKEY LETTUCE WRAPS

Fresh lettuce wraps with ground lean turkey, ginger, onions, carrots and crunchy noodles 10

GRILLED CHICKEN WITH WHOLE WHEAT PASTA

Served with tomato sauce, broccoli and Parmesan cheese 10

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 This recipe has been created and tested in the SuperChefs kitchens by the SuperChefs kids.

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DESSERT

FRUIT KEBABS

Fresh fruit served with low-fat Greek yogurt and a cornbread cookie 4.50

FRESH BERRY MILLE-FEUILLE

Filo pastry layered with fresh berries, low-fat yogurt and whipped cream 5

DRINKS

FRUIT SMOOTHIE

Strawberries, blueberries and bananas blended with orange juice and honey 4.50

STRAWBERRY YOGURT MILK SHAKE

Strawberries with low-fat vanilla Greek yogurt 5

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LATE NIGHT


Available from 11:30 p.m. to 6:00 a.m.


Touch Service Express®

STARTERS

PICKLED RED BEETS,
PEAR & FARMERS CHEESE  **gf**
Tiny green beans, toasted almonds, champagne
vinaigrette 12

SPINACH, FRISEE & QUINOA SALAD  **gf**
Crumbled goat cheese and lemon vinaigrette 12

RUSTIC TOMATO SOUP 
Basil and low-fat Greek yogurt 9

MARKET PICKED FRUITS AND BERRIES  **gf**
A bountiful selection of the season's best 15.50


FAVORITES

TURKEY PANINI
Swiss cheese, tomato, bacon, arugula
with chips or fruit 18

SMOKED HAM, EGG AND CHEESE SANDWICH
On ciabatta roll with fruit 10

CHICKEN DIJON CASHEW SALAD SANDWICH
Apples, celery, mayo, on croissant
with chips or fruit 13


HEARTS OF ROMAINE CAESAR SALAD
Shaved Parmesan, crunchy focaccia croutons 14.50

MICRO CHOPPED GRILLED CHICKEN SALAD  **gf**
Romaine, kale, broccoli, beets, avocado, bacon,
cheddar, egg, tomato, cucumber, Italian vinaigrette 22

HAM AND CHEESE SANDWICH
Swiss cheese, Boston lettuce, tomato
on rosemary ciabatta with chips or fruit 14

ASSORTED DRY CEREALS
Choose from a variety, including gluten-free 13

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Touch Service Express®

DESSERTS

WARM DOUBLE-CHOCOLATE BROWNIE

Pecans, chocolate sauce, vanilla ice cream 11.50

GINGER SPICED GREEK YOGURT CHEESECAKE 

Honey almond granola 10

SCOOPS OF ICE CREAM

Choose from vanilla, strawberry or chocolate 8.50

BERRIES OF THE SEASON  *gf* 10

LOW-FAT YOGURT  *gf*

Choose from Greek, fruit, berries or vanilla 8

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ALCOHOLIC BEVERAGES

Available from 11:30 a.m. to 11:30 p.m.

Touch Service Express®

	GLASS	BOTTLE		BOTTLE
WHITE WINES			BEER	
Magnolia Grove, Chardonnay, California	10	38	DOMESTIC BOTTLE	7
Bollini, Pinot Grigio, Italy	14	52	Budweiser Bud Light Coors Light	
Anew, Riesling, Columbia Valley	12	44	CRAFT	8.50
Kim Crawford, Sauvignon Blanc, Marlborough, New Zealand	13	48	Samuel Adams Boston Lager Blue Moon	
RED WINES			IMPORT	8.50
Magnolia Grove, Cabernet Sauvignon, California	10	38	Heineken Heineken Light Corona Extra Corona Light	
Cellar No. 8, Merlot, California	11	40	LOCAL	8.50
De Loach, Pinot Noir, California	16	60	Tower 10 IPA	
Souverain, Red Blend, California	13	48	NON-ALCOHOLIC	7
			St. Pauli Girl NA	
SPARKLING				
Chandon, Brut Classic, California (187 ml)		16		
Mumm Napa, Brut, Prestige, Napa Valley	14	46		
Dom Perignon, Brut, Champagne		268		
Veuve Clicquot, Brut, Champagne, Yellow Label		112		

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Responsibility matters. Must be of legal drinking age or older to purchase and/or consume alcohol.

*Vintages are subject to change; please ask your server when making your selection.